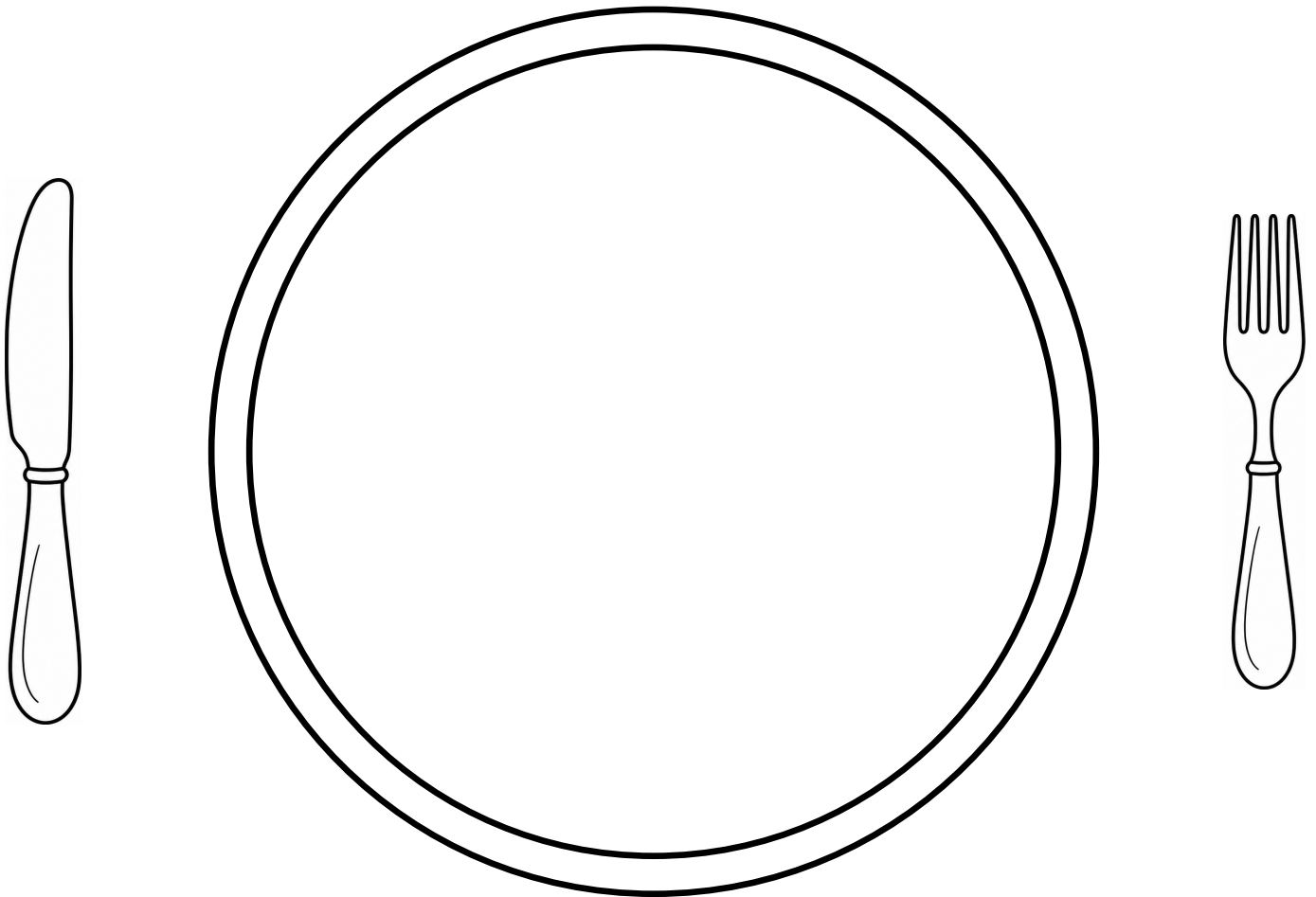


My Breakfast

My meal mat · Page 1 of 2

Colour the foods on the next page. Cut out your choices and arrange them here.
Try a few arrangements, then glue. You can draw extra foods too.

Name: _____



Tell someone about the meal you made.

My favourite food is: _____

Paper pretend play · There is no single right meal.

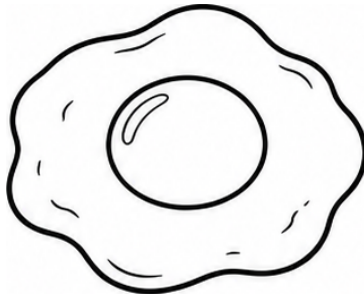
My Breakfast

Food cutouts · Page 2 of 2

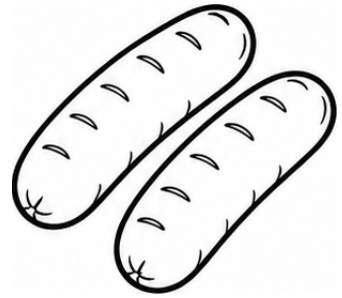
Colour the pictures. Cut along the dashed boxes or around each food.
Choose what you like. Ask an adult for help with cutting.



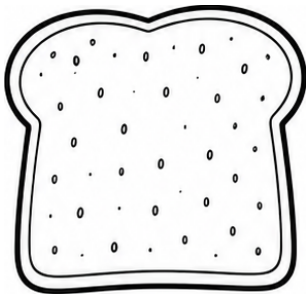
Bacon



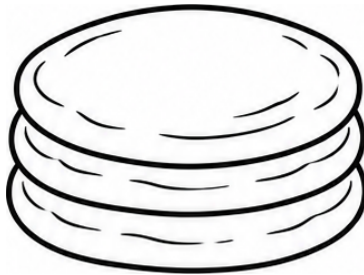
Fried egg



Sausages



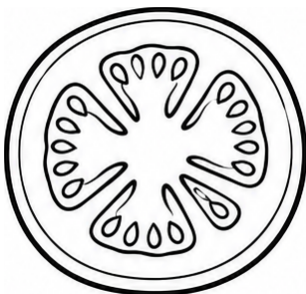
Toast



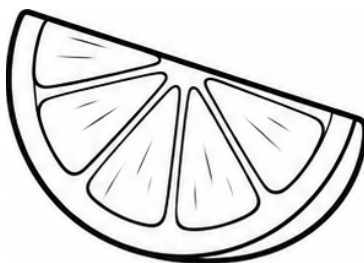
Pancakes



Mushroom



Tomato



Orange



Banana

Keep the pieces together. Mix foods from other mats in the pack.