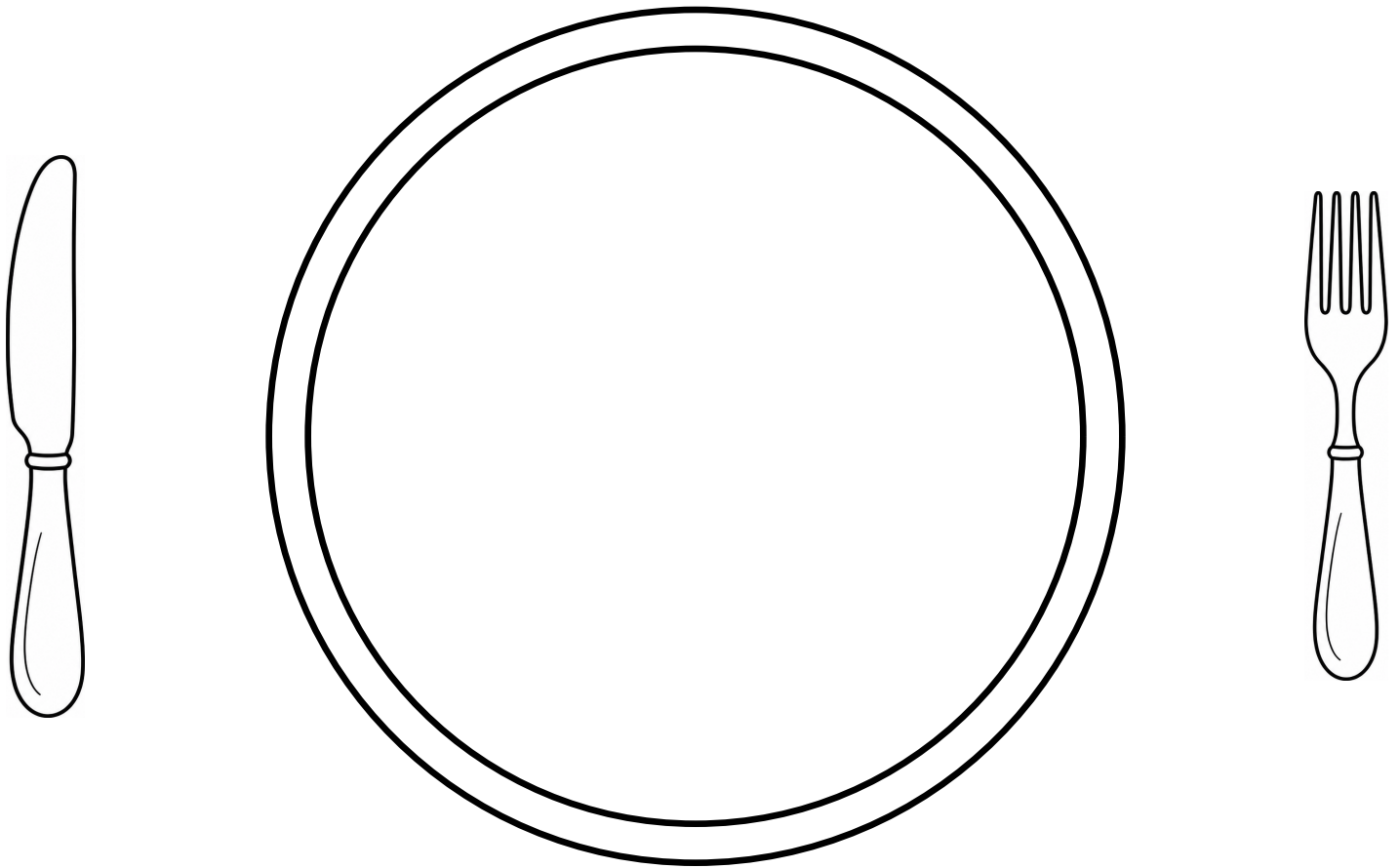


My Dinner

My meal mat · Page 1 of 2

Color the foods on the next page. Cut out your choices and arrange them here.
Try a few arrangements, then glue. You can draw extra foods too.

Name: _____



Tell someone about the meal you made.

My favorite food is: _____

Paper pretend play · There is no single right meal.

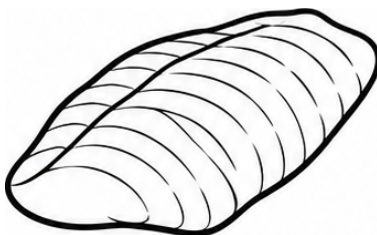
My Dinner

Food cutouts · Page 2 of 2

Color the pictures. Cut along the dashed boxes or around each food.
Choose what you like. Ask an adult for help with cutting.



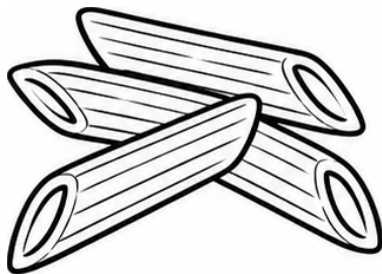
Chicken



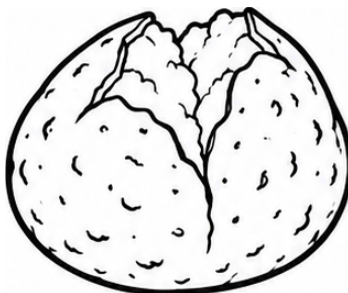
Fish



Rice



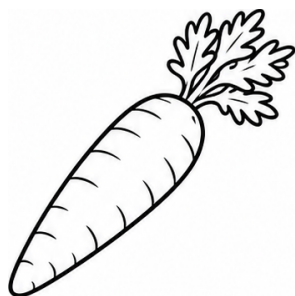
Pasta



Potato



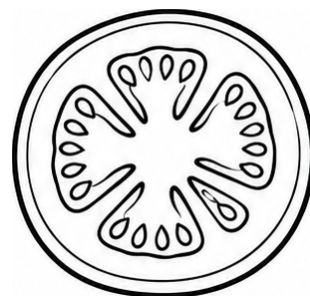
Broccoli



Carrot



Peas



Tomato

Keep the pieces together. Mix foods from other mats in the pack.